

## **UBS Wolfsberg Think Tank**

**Two questions:  
What is 1:1 dialogue for?  
and  
How can we measure it?**

**Reading Fritjof Capra 1988 *Uncommon wisdom*. Flamingo, London  
David Megginson**

*What is 1:1 dialogue for?*

A therapist is from the Greek *therapeutes*, which means 'an attendant'. We therefore are specialists in attentiveness and awareness.

Bringing life into life.

Life, like a dome of many-coloured glass, stains the white radiance of eternity. Shelley

*Measuring life*

'There is not very much you can say about what is ineffable'. RD Laing

The really decisive moments ..., as every(one) who has ever experienced them knows, are unpredictable, unique, unforgettable, always unrepeatably and often indescribable'. RD Laing